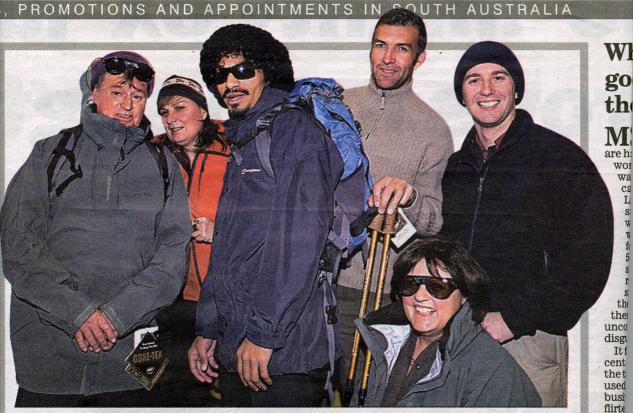
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☐ Ian Gillies, Leanne May, Dean Pead, Tim Jarvis, Kathryn Smith and Paul Gillen.

Training for a Plan

WELVE Adelaide business people, aged from 23 to 51, are in training for a gruelling trek in the Himalayas

The expedition aims to develop the leadership skills of the group - and help the children's charity Plan.

Led by South Australian adventurer-environmentalist Tim Jarvis, the Plan Corporate Challenge team leaves for northern India on June 26.

"I have been on three polar expeditions so I'm reasonably prepared for the challenge of climbing a pass at 4000m (in

Little Tibet)," Tim says.

"We will all find out a lot about ourselves and bring back this awareness to our workplace and lives afterwards."

Fellow Plan ambassador Ian Gillies - the oldest participant -says the challenge will result in some "great take-home experiences".

"This is a new and different way of transfering a significant learning experience back to the workplace," he says.

Paul Gillen is the youngest member and is taking the trip as part of the Duke of Edinburgh awards.

Others trekkers include Kathryn Smith from Smith Brothers Plumbing, Dean Pead from Statewide Superannuation and representatives from construction firm Badge, credit union Savings and Loans and the public service.

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Plan deputy chairman and Adelaide businesswoman Anne Skipper says it's the first time an Australian team has joined

"I had some very good Plan volunteers in Adelaide, so have got the right people involved," she says.